

Thursday, 12<sup>th</sup> March 2015

No. 25

# The Swaminarayan

Education is that which liberates

[www.swaminarayan.brent.sch.uk](http://www.swaminarayan.brent.sch.uk)

Telephone: 020 8965 8381

Dear Parents, Guardians, Pupils and Friends,

## Theme for next week

The theme for next week is “**Education.**” I have written about it in the back of the newsletter.

## Opening Evening Friday, 20<sup>th</sup> March 2015

All parents are invited to the Open Evening in the school between 6-8 pm on Friday, 20<sup>th</sup> March 2015. The pupils will stay in the school throughout the day and attend demonstration lessons during the evening. Visitors will be able to view all the exciting things we do and what enables our humble school to achieve so much.

## Asha Patel (L6) writes on Lower Sixth visit to University Search UK

Last Friday, the Lower Sixth had the privilege to attend the University Search UK event at the Emirates stadium. We all arrived early excited to see the stadium and walked around the beautiful surroundings. Our school was first to enter and received a warm welcome together with a goody bag from the organisers. There were over 40 University stalls and we chatted to as many as we could about what we want to pursue in the future. They were extremely helpful, as they guided us to help us make the right choices about how to achieve their requirements. We then attended a conference which spoke to us about hospitality. This exceeded our expectations as they spoke to us about how to interact with other people, the difference between IQ and EQ, as well as how the numbers you obtain can help you decide which career would be best for you. There were other conferences such as studying in Scotland and different experiences which could use to help us to build our portfolio. Overall, it was a fun, engaging and a productive day. This event gave us an insight about how to go about the future, choosing our university and developing our own skills. We were delighted to be out on such a beautiful sunny day and we all made the most of it by bonding after the event. Thank you to Mr Wills and Ms Maharaj for taking their day off to assist us there.

## DRAMA NEWS: THE SSTC AT ASCOT- *Mr Benny writes:*

Now on our final lap of rehearsals, The SSTC (S3 GCSE Drama students) are putting the finishing touches to their production, *An American Quartet*, due for performance at Hurst Lodge Studio Theatre, Ascot, this coming Saturday (14 March). **IT IS IMPERATIVE THAT STUDENTS ARE READY TO BOARD THE COACH FROM TSS AT 6.45/6.50am!! We must arrive at Ascot by 8.30am to allow the actors time to set up and change for a 9am performance! Family and friends are welcome,** and the actors can return home with their parents should they so wish. **Any available S5 actors and all S4 GCSE Drama** students will complete the audience for the Dress Rehearsal, Periods 5 and 6, Friday 13 March.

## WRITER'S CORNER

Collaborations – common in the writing of songs, occasional in the writing of comedies, but seldom in composing a poem. Here is a rare and fine example of a poem jointly written by Nerissa Patel and Devika Pala from S1Y.

### The Ocean

My heart belongs to the ocean,  
I'm the spirit of the sea,  
With the sun-kissed waves  
Crashing into the glistening rocks beneath.

The creatures that lie down under,  
Oblivious to the darkness that surrounds them,  
Live a life of harmony and peace  
In the cool of the azure depths.

How I long to be a part of this  
And finally be free.  
Just thinking of this, my worries fade,  
And I somehow feel free.

### We Day at Emirates Stadium – Raksha Jain writes...



Sixth formers were invited to We Day last week. This is an event organised by a charity to encourage our generation to use our power and ideas to change THE WORLD for the better. During the day we heard inspirational speeches from famous spokespersons, such as Spencer West, Martin Sheen, Richard Branson and Kweku Mandela, concerning major problems in our world today. We Day focused on four main global changes (Economic empowerment, social empowerment, educational empowerment and technological changes) to our concern. Alongside motivational speakers, singers and dancers performed for the 12,000 people present. Various artists include Conor Maynard, Shawn Mendes and Bars and Melody. This event inspired many of us to take initiative and help in both local and global projects.

### **Dr Jummy Okoya...Ms Maharaj writes ...**

Dr Jummy Okoya (PhD, FHEA, MCIPD, PGCHE) is the Acting Director of MBA Programmes at the School of Business and Law at the University of East London. She is an experienced lecturer and trainer with more than 10 years' experience of teaching both at undergraduate and post graduate level with several UK higher education institutions. She has got extensive capability in providing teaching and training services in Human Resources Management, Learning and Development, Business Information systems, Personal Development planning, Continuous Professional Development and E-Learning. She is also an experienced distance learning writer, blended learning practitioner and a work based learning supervisor. She is also a key member in the Women Ambassadors' of UK helping women to become the future leaders and entrepreneurs.

### **Davina K Patel (5G) and Nikita Patel (5G) writes ....**

During our AIG lesson on Thursday, we were privileged to listen to Dr Jummy Okoya. The presentation was about ways in which we can develop ourselves as people. Dr Jummy did a great job of discussing ways in which we can bring out the best in ourselves and become more productive. Lots of us procrastinate and as a result we fall behind. We got some useful tips in managing our time properly in order to meet deadlines. Her quote: **“Think Big, Dream Bigger!”**

### **Tania Aubeelack (U6) writes ...**

During our tutorial session, we listened to a presentation from a student studying psychology at Leeds University. Along with her personal experience, she gave a detailed and interactive presentation on two important factors to consider for exams: Time Management and Revision skills. We started by doing a VAK test which gave us an idea on which type of learner we are likely to be: audio, visual or kinaesthetic. Based on this, she gave ideas on how each group of learners can use different appropriate methods, techniques and tools to enhance their revision. The second part of the session was more about time management. She emphasised how fundamental it was to balance work and enjoyment. A video was shown to present how we should tackle our due homework and courses by trying to fit them in a matrix: Is it Urgent and important, is it important but not urgent or is it both not important and urgent. This would enable us to produce better piece of work, match the deadline, reduce stress and find time to enjoy yourself. Finally she also touched on where we could possibly go to find a quite environment to study and taking little steps such as switching our phone off to maximise your concentration and be productive. Her presentation made everyone question the way we study and it certainly gave us important advice for life at university.

We thank her very much for coming a long way to deliver this great presentation!

### **Preparing for Examinations – Ria Mehta writes with guests...**

For the first time in my piece for The Swaminarayan I have a guest speaker... Ladies and gentlemen I present to you Ronan! Although his piece may not be to everyone's taste there has to be one person that'll read it.

### **Guest Piece from Mr 100%...**

*“Preparing for examinations is a tough thing because no one really likes sitting down in front of a desk looking at a mountain of books glaring at you. So don't fall into the trap of assuming you'll be able to remember everything last minute because many have tried but all have failed. Good Luck with your preparation. A quote from me personally is 'Failing to prepare means you are preparing to fail.'”* (Actually a quote from Mrs Gobin)

I think that because Ronan has already contributed so charitably with his piece which means I can talk about something else. International Women's Day was this Sunday, and to be perfectly honest it's an amazing day where we can celebrate women! This has been celebrated since the early 1900's, during this time women were constantly wanting better pay and equal rights. In the year 1910, a woman named Clara Zetkin proposed the idea of an International Women's Day. This small idea had led to a day where thousands of events would be held to inspire women and celebrate their personal achievements.

## **Education**

### **Think**

A wise man once said, "If I had my time all over again, I would not 'educate' myself but learn to concentrate, then all the knowledge of the world would be mine to use as I wish", which is an incredibly powerful statement. Ask any teacher and they will tell you that the most important quality a student needs is the ability to concentrate, and the best students have an uncanny talent for it. Some students can study with music playing in their ears, others can study in a rowdy class, yet others need silence to study. It doesn't matter which way as long as it works for you.

### **Feel**

While you are young you have no choice but to go to school to learn the basic things like reading, writing and arithmetic. They are important to living a good and productive life because without these basic skills you will not be able to learn anything. It is good that going to school is compulsory and that in many countries going to secondary school is also compulsory, because apart from learning many subjects and skills, you also learn to socialise with people. You will be required to work with people your whole life.

After you successfully complete your schooling, some of you may decide to go to university and study a subject upon which you will build your career. Others may be eager to begin work and start earning money, and it may be the way to achieve what you want to gain in your working life. There is no one way of building a career, but what is important is for you to understand that learning anything in life is never wasted. Sometimes you will find that something you learnt years ago is suddenly very useful to you. A successful career has many routes though it is a well-known fact that those students who go to university will generally earn a higher salary. In some countries it is seen as the only way to escape poverty.

### **Do**

What you must decide is whether you are a person who can tolerate years of studying, and if you can then it is a really a good way of building a good future.

### **Shared Transport**

Mr S Nath

Lyttelton Road London N2 0EB

Tel: 07824 590 998

**Yours sincerely,**

**Nilesh Manani**