

The Swaminarayan

Education is that which liberates

Dear Parents, Guardians, Pupils and Friends,

Theme for the week

The theme for next week is “**Concentration and Education**”. I have written about it on the reverse of the newsletter.

The Learning Brain - This week I am going to highlight some of the key learning styles of BOYS...

- Brain degenerates quickly
- Outperform on spatial tasks
- Hearing: Weaker in males
- Vision: They have better distance vision; better in bright light.
- Touch: react more to extremes of temperature
- Activity: prefer to play with objects more.
- Smell and Taste: respond less to aromas, odours and subtle changes in smell.
- Problem-Solving: Target-directed motor skills (archery, football, baseball, cricket, darts, etc.).
- Respond better to visually rotating objects.
- Locating objects, patterns from within another.
- Mathematical reasoning and word problems.
- Use of spatial cues of distance, direction in route-finding.
- Better at single task, issue-oriented, inductive or deductive.
- Notable: more likely to attribute lack of success to opportunity or effort rather than ability.

Duke of Edinburgh Award Silver Practice Expedition to the Peak District



Ishaan Vadgama S5 writes...

We Survived! 3 whole days without using our phones and the joys of the British countryside. Approximately a week ago, Senior 5 students went on a three-day practice expedition in the Peak District. Fun was had by all; the four hour journey up and down was certainly worth it! Though the scenery was truly beautiful, our three

days of hard trekking had quite a toll on our groups. Covering a large distance each day, reaching the campsite at dusk was an incredibly relieving feeling. But we learned so much.

We learned to look up rather than down and I have to say that the Peaks are truly beautiful. Lush meadows, valleys that tested our calf muscles and livestock that some of us were scared of and some of us loved! What a change of scenery from Neasden. Working as a group, sharing the burden, cooking and washing as a group and treating our injuries, all made us

learn that we had pulled through as a team - as Mr Pinto puts it, “You don’t pass or fail individually, you pass or fail *as a team!*”

Our fitness certainly needs to improve but I can safely say that our navigational skills certainly did. Not using my phone wasn’t such a burden for three days and actually, when we were allowed to use it, I don’t think I even wanted to! Many thanks to Mr Pinto, Ms Morrison, Mr Worth and Ms Guly for accompanying us. We cannot wait for the Test Expedition!

Reports March 2016 – Dr Chouder writes:

March 2016 Reports for Senior School students will be sent online instead of paper based reports. To access reports online go to: [www.schoolbase online.biz](http://www.schoolbase.online.biz) and enter the following details:

Domain: Swaminarayan

Username and Password: supplied via email by Bibi in the school office.

If you need details to access reports online to be sent (new students) or resent, please contact Bibi in the school office. Reports will be available online from 25th March 2016.

Neasden is a million miles away!

Lower 6th Epping Forest

Shyam Ramsaroop and Param Patel writes...



On the 8th of March, four AS geography students and Mr Pinto embarked on a treacherous journey to a forest far, far away (the journey was actually quite long). Our mission was to mastermind the secret behind the River Loughton Brook, a tributary of the River Roding. All jokes aside, our Geography field trip to Epping Forest incorporated putting several methodologies into practice in order to investigate the changing river characteristics at various points along the River Loughton Brook.

Collecting Data in the River!

Before we actually began collecting our field data, we were sat in a classroom within Epping Forest Field centre, where we were briefed about the rest of the day. This included going over background information about Epping Forest and Loughton Brook, looking at hypotheses and data collection methods as well as attentively following the risk assessments set out by the centre. After a lunch break at midday, our 'field work' started off at the source of the river. We were expected to make measurements for the width and depth of the river, which meant that we had to get into the actual river channel!

Moreover, we also managed to fit in a treasure hunt, looking for pebbles measuring curvature and the effects of erosion - Fun! It turns out we had several risks of our own. Param fell into the river 3 times (Kiyam attempted to climb a tree, Shyam nearly got swept away by the river, and Sooruj got a paper cut. All in all, the field trip was extremely beneficial in preparation for our Unit 2 paper which we will sit in the summer. We'd like to thank Mr Pinto for organising the trip and helping us throughout the day and we hope to benefit from the investigation in our exams. We love “live Geography”!

SIX WAYS TO SUCCESS

Below are six ways through which students could achieve success in French.

1. Speaking: Write adequate preparation for each oral topic. (3 lines per question).
2. Speaking: Practise each topic weekly (5 minutes daily in high Grade in speaking is essential for a good overall grade!
3. Reading and Listening: Always read the questions first and underline the key words.
4. Reading & Listening: Skim through the text/listen to the tape, pick out the important elements to go straight to the right answer.
5. Writing: Learn vocabulary regularly & do not rely on dictionary too much.
6. Writing: Always include the 4 elements. - 3 tenses - time reference - opinion – link words.

Concentration and Education

Think

A wise man once said, “If I had my time all over again, I would not ‘educate’ myself but learn to concentrate, then all the knowledge of the world would be mine to use as I wish”, which is an incredibly powerful statement. Ask any teacher and they will tell you that the most important quality a student needs is the ability to concentrate, and the best students have an uncanny talent for it. Some students can study with music playing in their ears, others can study in a rowdy class, yet others need silence to study.

Feel

While you are young you have no choice but to go to school to learn the basic things like reading, writing and arithmetic. They are important to living a good and productive life because without these basic skills you will not be able to learn anything. It is good that going to school is compulsory and that in many countries going to secondary school is also compulsory. Apart from learning many subjects and skills, you also learn to socialise with people. You will be required to work with people your whole life. After you successfully complete your schooling, some of you may decide to go to university and study a subject upon which you will build your career. Others may be eager to begin working and start earning money, and it may be the way to achieve what you want to gain in your working life. There is no one way of building a career, but what is important is for you to understand that learning anything in life is never wasted. Sometimes you will find that something you learnt years ago is suddenly very useful to you. A successful career has many routes, though it is a well-known fact that those students who go to university will generally earn a much higher salary. In some countries it is seen as the only way to escape poverty.

Do

What you must decide is whether you are a person who can tolerate years of studying, and if you can then it is a really wonderful way of building a good future.

Yours sincerely,

Nilesh Manani